

This protocol may be used to perform Western blot (protein immunoblot) to detect specific proteins.

Keywords: [protein](#) [electrophoresis](#) [blot](#)

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Reagents, supplies, and equipment:

Buffers

1. Tris-Glycine electrophoresis buffer:

0.25 M Tris
1.92 M glycine
1% SDS

5X stock:

15.1 g Tris
72 g glycine
50 ml 10% SDS
q.s. 1 L H₂O

2. 1X Electrophoresis buffer - prepare fresh

100 ml 5X stock
400 ml DI H₂O

3. 4X SDS gel-loading buffer w/o DTT (aliquots stored at -20 °C)

25 mM Tris-HCl (pH 6.8 at 25 °C)
8% w/v SDS
40% glycerol
0.04% w/v bromophenol blue or phenol red

For 100 ml:

Add 25 ml 1M Tris HCl to 40ml glycerol and stir
While stirring, add 8 g SDS until clear
Add 10 ml 0.4% bromophenol blue (0.4% w/v bromophenol blue stir O/N and filter)
q.s. with DI H₂O

4. 10X transfer buffer w/o methanol (RT)

30.3 g (0.25 M) Tris base
144 g (1.92 M) glycine
q.s. 1 L DI H₂O

5. 1X transfer buffer w/ methanol (may be used twice; store at 4 °C)

100 ml 10X transfer buffer
800 ml DIH₂O
200 ml methanol

6. 10X TBS: (stable at 4 °C for several months)

24.2 g Tris base (100mM)

80 g NaCl (0.9%)

Adjust pH to 7.6 with HCl

q.s. 1 L with DDI H₂O

(Add 1 ml Tween-20 to 1 L 1xTBS as working solution store at 4 °C ≤1week)

7. Blocking buffer: 1X TBS, 0.1% Tween-20 with 5% w/v nonfat dry milk

Mix 10ml 10X TBS in 90 ml water

Add 7.5 g nonfat dry milk (Bio-Rad: #170-6404) and mix well.

While stirring, add 0.15 ml Tween-20

8. Antibody dilution buffer: X TBS, 0.1% Tween-20 with 5% BSA

(For some antibodies indicated in vendor manual)

Mix 2 ml 10X TBS to 18 ml water

Add 1.0 g BSA and mix well

While stirring, add 20 µl Tween-20 (100%)

9. Ponceau S solution (Sigma #P7170)

10. DTT reducing buffer (Invitrogen #NP0004)

Protein Standards

1. Pre-stain dual color protein standard (Bio-Rad: #161-0374, store at -20 °C)

2. Biotin linked ladder detection pack (Cell signal: #7727 store at -20 °C)10X

Gel: 4-12% Tris-HCL Ready Gel 10 well (Biorad #1611105)

Apparatus: Bio-Rad MP3 (Run at 100V 1h 15 min)

Other equipment/tools:

1. Extra-thin loading pipette tips
2. Ice bucket
3. PCR tubes
4. 3MM Whatman paper
5. Sponges
6. Paper-cutter
7. Trans-Blot transfer medium pure nitrocellulose membrane 0.45 µm. (Biorad: #162-0145)
8. Flat head forceps
9. Scissors
10. Plastic tank
11. Western lightening chemiluminescence reagent plus (Pierce #NEL103)
12. Film (Kodak, #NEF586 Blue XB-1)
13. Restore Western blot stripping buffer (Pierce #021059)
14. PCR machine and microcentrifuge

Procedure

1. Prepare 500 ml 1X electrophoresis buffer in H₂O and ice bucket. Turn on PCR machine to pre-warm.
2. Aliquot protein samples to PCR tubes (~25 µl/sample), add 1/3 volume of loading buffer and 1/10 volume of DTT; mix by pipetting up and down. Keep on ice! Include a negative control (if necessary) and two protein ladders (pre-stained and biotin linked).

3. Heat the samples and the biotin linked protein ladder to 95 - 100 °C in PCR machine for 5 min. Do NOT heat the prestained ladder.
4. Immediately remove tubes from the PCR machine and place on ice for 3 min. Caution - This is HOT! Place gloved hands over the lids of tubes to prevent them from popping off.
5. Microcentrifuge samples at 12,000 rpm, at 4 °C for 5 min.
6. Set up the gel and tank system while the centrifuge is spinning. (Slowly remove comb from gel).
7. Slowly load 10 - 20 µl of sample onto gel using extra thin pipette tips.
8. Run at 100 V for 1.5 hr or until the loading dye reaches the end of the gel.
9. While the gel is running, prepare the prewet membrane as follows:
 - a. Prepare 1X transfer buffer
 - b. Remove the precut nitrocellulose membrane and cut 6 sheets (3 for each side) of 3 MM Whatman filter paper to the same size as the precut membrane (usually 3" x 4").
 - c. Soak the transfer membrane, filter paper, and sponges in the transfer buffer at least 30 min before gel is finished. There are 2 sponges, 6 pieces of filter paper, and 1 nitrocellulose membrane per gel. Use forceps to manipulate everything into the transfer buffer.
10. Just prior to completion of the gel run, prepare a plastic box by pouring in enough 1X transfer buffer to cover gel.
11. When gel is finished:
 - a. Cut a corner on the bottom right of gel. Also remove the top wells.
 - b. Transfer gel to plastic box and soak gel in transfer buffer for 30 min. Keep transfer buffer on ice!
12. Place the tank for transfer in a plastic tub and pack with ice.
13. Take transfer apparatus to the cold room and perform the following:
 - a. Pour all of available transfer buffer into the tank (including all the buffer used previously).
 - b. Assemble "sandwich" for Bio-Rad Transblot using the porous plastic sandwich apparatus. (membrane size should be 1 - 2 mm larger than gel). The black part of the sandwich apparatus faces the cathode (negative) and the white part faces the anode (positive).
 - c. Assemble the "sandwich" in the following order: black side of porous plastic sandwich, sponge, 3 pieces of 3MM Whatman filter paper, gel, membrane, 3 pieces of 3MM Whatman filter paper, sponge and white side of porous plastic sandwich. Use forceps to handle everything except the gel. DO NOT LET MEMBRANE DRY.
 - d. Remove bubbles between the sandwich and clamp the gel holder.
 - e. Place gel inside the red and black apparatus; black side of the sandwich facing the black part of the apparatus.
 - f. Cover the lid and immerse the entire unit in ice, burying the lid.
14. Transfer the Mini-Transblot at 100 V for 1 hr.
15. While transfer is running, prepare 1X TBS with Tween-20 (This buffer may be used multiple times).
16. Upon completion cut the membrane at the same corner as the gel corner cut and rinse the membrane with DI H₂O.
17. Wash membrane in H₂O by shaking for 5 min. Drain H₂O.
18. Pour Ponceau Stain onto membrane:
 - a. Stain for 1 min. Pour off the stain (return to tube) and rinse several times with DI H₂O until protein bands are visible.
 - b. According to the size of the protein, mark the place you want to split the membrane. Cut the membrane in sections that contain the specific proteins.
 - c. Cut the bottom right corners of the membrane sections and place them carefully in size matched boxes (small to small, large to large) containing TBS.
19. Wash with 1X TBS 3 times for 5 min and shake at RT.
20. Incubate in blocking buffer for 1 hr at RT, shaking at 50 rpm.
21. While blocking, prepare the primary antibody at appropriate dilutions in blocking buffer (i.e. GAP-DH at 1:8,000).
22. Incubate membrane in appropriate volume of primary antibody + buffer; gently agitate at 50 rpm O/N, at 4 °C (cold room).
23. The next day, wash 3X for 10 min each with TBS/T.
24. While washing, prepare secondary antibodies. Prepare HRP-conjugated secondary antibody (1:10,000, specific antigen detection) in appropriate volume of blocking solution as well as HRP-conjugated anti-biotin antibody (1:6,000, detection of biotinylated protein marker).
25. Incubate membrane by gently shaking at RT for 1 hr with respective secondary antibody.
26. Wash 3X for 10 min each with TBS/T.
27. While washing, prepare for chemiluminescence as follows:
 - a. Open the film cassette.

- b. Lay a large piece of plastic wrap on top of the bottom of the intensifying screens and smooth to remove wrinkles.
 - c. Mix 1 ml oxidizing reagent with 1 ml luminol reagent.
28. Using forceps, arrange the membranes (protein side up) on the plastic wrap (note order).
29. Pipette 2 ml of the mixed reagents onto the membrane surface.
30. Fold the plastic wrap over the membrane to seal and close the cassette.
31. Take the following to the dark room: scissors, forceps, film in black bag, film cassette, pen, and timer.
32. To develop:
- a. Open the film cassette and place film on top of the plastic wrapped membrane.
 - b. Conduct multiple exposures ranging between 2 sec to 20 min, depending on the strength of the signals. (Cut film corner for orientation).
 - d. Develop film (Small pieces of film will jam the machine; 8 X 10 cm is the minimum size).
33. After development, rinse membrane 2 - 3 times in fresh PBS or TBS solution.
34. To strip and re-blot:
- a. Wash membrane in Western blotting stripping solution, RT for 20 min.
 - b. Perform three 5 min washes in 1X TBS.
 - c. If necessary, re-stain with Ponceau beginning with step 22 or 23, depending on antibody species.

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