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The Vanderbilt DRTC announced its Vanderbilt Scholars in Diabetes in May 2006. This award recognizes the work and potential of our most promising trainees. Because the Vanderbilt DRTC helps train graduate students and M.D. and Ph.D. post-doctoral fellows, we recognized an individual who has conducted important research at Vanderbilt in each of these categories.

[Read the article in The Reporter here >>](#)

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Erik Musiek

In the graduate student category, the Vanderbilt Scholar in Diabetes was Erik Musiek, an outstanding MSTP student who is just completing his Ph.D. studies with Jason Morrow in Clinical Pharmacology. The focus of his research has been the role of fish oil in the prevention of cardiovascular disease in overweight humans and those with the metabolic syndrome.



Anup Sabharwal

In the M.D. post-doctoral fellow category, the Vanderbilt Scholar in Diabetes was Anup K. Sabharwal, a senior clinical fellow in the Endocrine training program who performed his research with James May in the Division of Diabetes and Endocrinology. Anup studied the effect of lipoic acid, an anti-oxidant, in the laboratory and in a clinical trial.



Julio Ayala

In the Ph.D. post-doctoral fellow category, the Vanderbilt Scholar in Diabetes was Julio Ayala, a postdoctoral fellow in the Department of Molecular Physiology and Biophysics where he works in the laboratory of David Wasserman. In addition to being recognized at the Diabetes Research Day and having his award reported in the Medical Center newspaper; The Reporter.