

Thaw Sperm in Straws

Reagents, supplies, and equipment:

- Paper clip for plunger
- IVF dish
- Scissors
- 100% ethanol
- Room temperature water bath

Keywords: [Cryo straws](#) [straws](#) [sperm](#) [thawing](#)

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Thawing Sperm in Straws:

1. Remove straw from LN2 storage.
2. Immerse straw in room temperature water bath until all ice crystals are melted, approximately 2 minutes.
3. Wipe of straw with ethanol.
4. Holding the straw firmly, cut off the seal, leaving about half of the cotton plug in place.
5. Using a metal rod as a plunger, push against the remaining portion of the cotton plug and expel the sperm fraction into dish of IVF media.