Spotlight: Shari Barkin, M.D., M.S.H.S.

Shari L. Barkin, M.D., M.S.H.S. »
William K. Warren Family Foundation Chair in Medicine
Professor of Pediatrics
Director, Division of General Pediatrics
Director of Pediatric Obesity Research
Vanderbilt University School of Medicine

Expertise: Childhood obesity · body mass index · safety · violence prevention

Barkin is an advocate for children, especially those who are challenged by cultural, ethnic or socioeconomic disparities. An expert on all pediatric topics, Barkin is especially well-versed on childhood obesity and ways to help parents and society slow the epidemic growth of childhood obesity. She is also a Spanish speaker who works with Latino children and families to improve indicators of overall health.

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SEC Symposium focused on obesity prevention »

Young children engage in physical activity in short spurts; preschoolers take 11 hours to attain daily exercise levels »

Effort to prevent childhood obesity hits halfway point »

GROWing obesity prevention trial »
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Metro Parks, VU team on obesity prevention project »

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Unique study helps Latino families live healthier lives »

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