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**[Kerri L. Cavanaugh, M.D. »](#)**

Associate Professor of Medicine

## **“Determining Self-Management and Clinical Associations Related to Diabetes Stigma”**

### PROJECT SUMMARY

Dr. Cavanaugh will characterize diabetes stigma and determine its impact on self-management and diabetes health outcomes. It is a novel factor that may be modified through patient-provider interventions to have potential widespread implications for the delivery of diabetes care. This pilot award is critical to launch this emerging research.

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**Lyndsay A. Nelson, Ph.D. »**

Research Assistant Professor of Medicine

**“User Engagement with a Text Messaging Intervention for Diabetes Self-Care”**

PROJECT SUMMARY

Dr. Nelson aims to address important gaps in knowledge to enhance the expanding use of text messaging technology to support chronic disease self-care. Understanding the determinants of intervention engagement can inform the design of interventions that optimize engagement and therefore potentiate impact.